

This guide is intended to be a brief introduction to resources to assist providers in improving their services to lesbian, gay, bisexual, transgender, questioning, and intersex individuals. This guide is not intended to be exhaustive. Additional resources are available at the PIC Library on educational and clinical issues related to working with these populations, including: anger and stress management; bullying and violence prevention; depression; drugs of abuse; hepatitis; HIV/AIDS; resilience; and suicide.

Fact Sheets

- *Alcohol, Tobacco & Other Drug Problems & Lesbian, Gay, Bisexual, Transgender (LGBT) Individuals* – National Association of Lesbian and Gay Addiction Professionals.
<http://www.nalgap.org/PDF/Resources/LGBT.pdf>
- *Answers to Your Questions About Transgender Individuals and Gender Identity* – American Psychological Association (APA)
<http://www.apa.org/topics/sexuality/transgender.pdf>
- *Answers to Your Questions for a Better Understanding of Sexual Orientation and Homosexuality* – APA
<http://www.apa.org/topics/sexuality/orientation.pdf>
- *At Risk and Ignored: The Reality for LGBTQ Youth in Schools* – SIECUS
<http://www.lafamiliahabla.org/data/global/images/LGBTQYouthFactSheet-SIECUS-11.05.pdf>
- CDC Fact Sheet: HIV/AIDS among Men Who Have Sex with Men
<http://www.cdc.gov/nchhstp/newsroom/docs/FastFacts-MSM-FINAL508COMP.pdf>
- GLBTQ Youth – Advocates for Youth
<http://www.advocatesforyouth.org/storage/advfy/documents/fsqglbt.pdf>
- *CAPS Fact Sheet - How do club drugs impact HIV prevention?* –UCSF Center for AIDS Prevention Studies
<http://www.caps.ucsf.edu/pubs/FS/clubdrugs.php>
- *Lesbian, Gay, Bisexual, and Transgender (LGBT) Communities and Smoking Fact Sheet* – American Legacy Foundation
http://www.legacyforhealth.org/PDFPublications/Lesbian_Gay_Bisexual_and_Transgender_Communities_and_Smoking_Fact_Sheet.pdf
- *LGBT Caregiving: Frequently Asked Questions* – Family Caregiver Alliance
http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=409
- *Questions and Answers: Lesbian, Gay, Bisexual, and Transgender Youth Issues* – SIECUS
<http://www.lafamiliahabla.org/index.cfm?fuseaction=page.viewpage&pageid=605&grandparentID=477&parentID=591>

General Health Information

- *MedlinePlus Gay, Lesbian and Transgender Health*- National Libraries of Medicine (NLM)
<http://www.nlm.nih.gov/medlineplus/gaylesbianandtransgenderhealth.html>
Authoritative health information including overviews, related issues, financial issues, clinical trials, research, journal articles, organizations, and information specific to children, teens, men, and women.
- *Lesbian, Gay, Bisexual and Transgender Health* – CDC
<http://www.cdc.gov/lgbthealth/>

Substance Abuse and Mental Health Information

- *ARQ2: Asking the right questions 2* – Centre for Addiction and Mental Health, University of Toronto
http://www.camh.net/Publications/Resources_for_Professionals/ARQ2/index.html
A manual to assist therapists/counselors to provide effective addiction and mental health services to LGBT people
- *Gay, Lesbian, Bisexual and Transgender (GLBT) Mental Health Resources* – National Alliance on Mental Illness (NAMI)
<http://www.nami.org/glbtl>
Resource guides, mental health fact sheets, research, links and other resources.

LGBT Organizations

- Advocates for Youth, GLBTQ Issues – <http://www.advocatesforyouth.org/>
The GLBTQ page (under topics) includes links to publications; information for parents of LGBT youth; and lesson plans, tools and strategies for professionals.
- The Center – <http://www.glbtcolorado.org/>
Colorado's statewide support and advocacy center for the LGBT population. Includes a directory to health care
- Children of Lesbians and Gays Everywhere (COLAGE) – <http://www.colage.org/>
- Gay and Lesbian Medical Association (GLMA) – <http://www.glma.org/>
- National Association of Lesbian and Gay Addiction Professionals – <http://www.nalgap.org/>
- National Coalition for LGBT Health– <http://www.lgbthealth.net/>
- Parents & Friends of Lesbians and Gays (PFLAG) – <http://www.pflag.org/>

LGBT Statistics

- [GayData.org](http://www.gaydata.org) – Drexel University, School of Public Health
Fairly comprehensive resource covering a wide variety of private, government, and international data sources.

Colorado and State-level LGBT Statistics

- *2003 Boulder County Youth Risk Behavior Survey*
<http://www.bouldercounty.org/health/hp/data/youth/yrbs03.htm>
Each district includes a Section 2 with results of risky behaviors by sexual orientation.
- *Hate Crime Statistics* – FBI Uniform Crime Reports
<http://www.fbi.gov/ucr/ucr.htm#hate>
Annual report that includes crimes motivated by bias against sexual orientation to the city level.
- *Married-Couple and Unmarried-Partner Households: 2000 (2003)* – US Census Bureau
<http://www.census.gov/prod/2003pubs/censr-5.pdf>
Includes data to state level on male and female same-sex unmarried-partners.
- *National Survey of Substance Abuse Treatment Services (N-SSATS)*
<http://www.dasis.samhsa.gov/web/newmapv1.htm>
Includes data on treatment facilities with special services to gays and lesbians. Click on link to survey then on state.
- *Williams Institute Census 2000 and Demographic Studies* – Williams Institute, UCLA School of Law
<http://www.law.ucla.edu/williamsinstitute/publications/Policy-Census-index.html>
State-level demographic and economic information about same-sex couples.

Select Online Articles and Publications

- *Breaking the Grip: Treating Crystal Meth Addiction Among Gay and Bisexual Men* – GLMA, 2006.
http://www.glma.org/data/n_0001/resources/live/BreakingtheGrip.pdf
- *A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual, & Transgender Individuals* – SAMHSA, 2001.
<http://kap.samhsa.gov/products/manuals/pdfs/lgbt.pdf>
 - *The Quick Guide for Administrators* – http://www.nattc.org/lgbt/Administrators_GLBTOG.pdf
 - *The Quick Guide for Clinicians* – http://www.nattc.org/lgbt/Clinicians_GLBTOG.pdf
 - *Training Curriculum, First Edition* – Prairielands ATTC
<http://www.nattc.org/regcenters/generalContent.asp?rcid=12&content=STCUSTOM3>
- *State of the Workplace* – Human Rights Campaign Foundation [1999-present]
http://www.hrc.org/about_us/7061.htm
An annual report of US state laws and policies around sexual orientation and gender identity in the workplace.

Materials for Loan

Free Lending Library

The PIC offers books, videos and visual aids (for teaching and exhibiting) available for loan, without cost to Colorado residents.

- Visit <http://preventioncolorado.org> to search the library catalog.

Selected resources available for loan:

Books

- *Coming out, coming in: nurturing the well-being and inclusion of gay youth in mainstream society* / Routledge, c2009.
- *Empowering the tribe: a positive guide to gay and lesbian self-esteem* / Kensington, 2008.
- *Gay affirmative therapy for the straight clinician: the essential guide* / Norton, c2008.
- *Health issues confronting minority men who have sex with men* / Springer, 2008.
- *Helping teens handle tough experiences: strategies to foster resilience* / Search Institute, c2008.
- *The principal's challenge: learning from gay and lesbian students* / Information Age, c2009.
- *Sexualities and identities of minority women* / Springer, 2009.
- *Substance use disorders in lesbian, gay, bisexual, and transgender clients: assessment and treatment* / Columbia UP, 2009.
- *The transgender child* / Cleiss Press, c2008.
- *Transgender explained: for those who are not* / AuthorHouse, c2009.

Videos

- *Out of Control: AIDS in Black America* / PJ Productions, 2006.
- *Prejudice: more than black and white* / Films for the Humanities & Sciences, [2007] ***
- *Rocking the cradle: gay parenting* / Films for the Humanities & Sciences, c2008. ***
- *Tal como somos: Just as we are* / Films for the Humanities & Sciences, c2008. ***
- *What's morally wrong with homosexuality* / Paradise Valley Media, 2007.
- *When I knew* / Films for the Humanities & Sciences, c2009 ***

